

Potato and Vegetables

Special Slaw

Ingredients:

This recipe goes with Western Burgers

1/2 cup plain nonfat yogurt

1/4 cup mayonnaise

3 tablespoons sweet pickle relish

2 tablespoons G/F tomato-based chili sauce

1 tablespoon coarse-grain Dijon mustard

10 cup finely shredded green cabbage

2 cups finely shredded carrots

3/4 cup diced (1/4 in.) red bell pepper

1/2 cup thinly sliced green onions, including tops

Salt and pepper to taste

Instructions:

In a large bowl, mix yogurt, mayonnaise, pickle relish, chili sauce, and mustard. 2. Add cabbage, carrots, bell pepper, and green onions; mix well. Season to taste with salt and pepper. Yield: Makes 10 servings

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