

Quiche & Pie Crust



Wheat Free & Gluten Free

Real Men Eat Quiche... & Pie too!

(that's why there are 2 shells per pack!)



Women and children love both also... that's why our shells are such a big hit! Ready to fill and bake - our quiche and pie shells make it easy to turn out delicious creations for everyone!. These flaky crusts taste as good as they look... and that's not a cliché!

Upc/Order#
7 63775 17535 8
 Packed 6 x 16 oz per case
 Keep Frozen

We are the makers of quality gluten free desserts!



Nutrition Facts	
Serving Size 1 slice (28g)	
Servings Per Container 16	
Amount Per Serving	
Calories 100	Calories from Fat 35
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 65mg	3%
Total Carbohydrate 14g	5%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 1g	
Vitamin A 2%	Vitamin C 0%
Calcium 0%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat. Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
INGREDIENTS: BROWN RICE FLOUR, WATER, UNSALTED BUTTER (CREAM, NATURAL FLAVORINGS), CANE SUGAR, SALT, BAKING POWDER (SODIUM ACID, PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE).	
CONTAINS MILK.	



Gillian's

the finest in wheat, gluten & nut free products

Available from: