

Gillian's Foods

The magazine for those with Celiac Disease, gluten intolerance, food allergies and sensitivities

Delight gluten free

delightful food • delightfully fun

Winter 2009

The Holiday Issue!

ADORABLE **GIFT IDEAS**
DIVINE **DESSERTS**

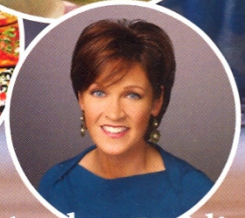
SAVORY HOLIDAY MEALS
INSPIRING WAYS TO **GIVE BACK**



Roast the perfect Turkey!



Dining out in NYC



CNN Anchor Heidi Collins gets personal

\$3.95 US/\$5.95 CAN Winter 2009



www.delightgfmagazine.com

Add Your Own Toppings

Feeling ambitious and want to create your own gluten-free pizza? I tried three gluten-free pizza crusts, giving me the freedom to throw together any combination of toppings and sauces my heart desired. A great way to clean out the refrigerator before the next grocery trip!

Gillian's Foods Pizza Crusts

Wow! Had I bit into this crust without knowing what it was, I would've thought I was eating a normal pizzeria's pizza crust! I definitely did a double take with this crust. It is not already seasoned, so make sure to kick up your sauce a notch for pizza.

PROS: is sure to fool your non-gluten-free friends, easy to tell when the crust is finished baking, can be used in all kinds of recipes (even pastries).